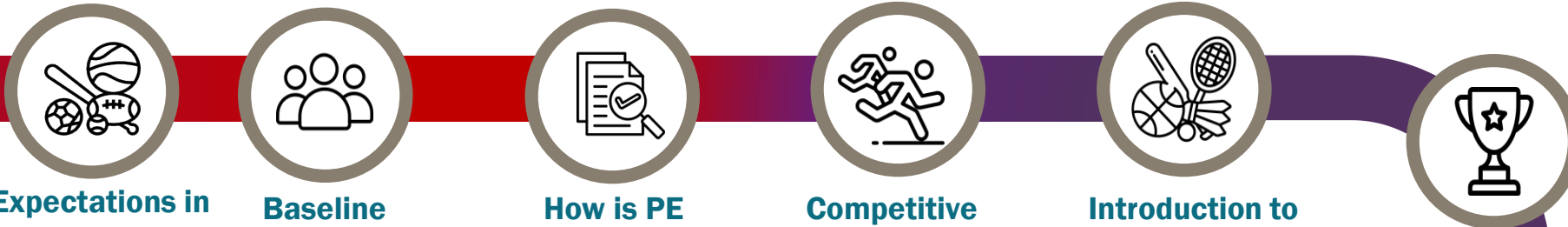


Core PE

Year 7



Literacy

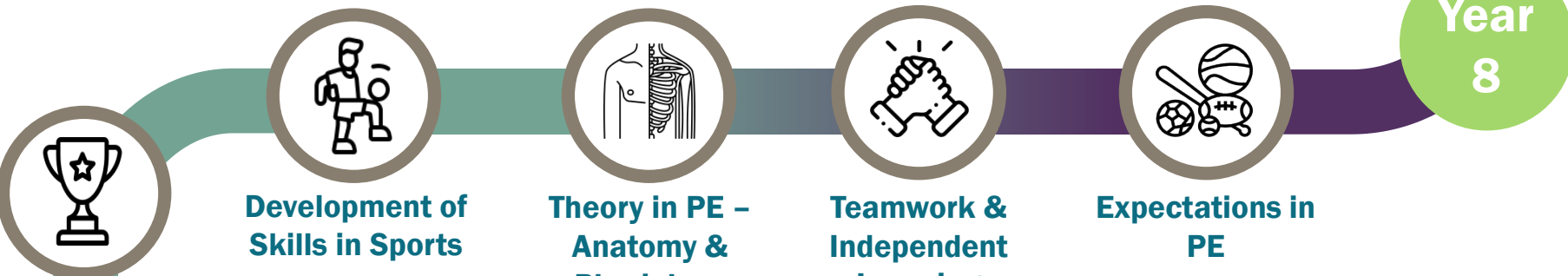
- **Coordination** – How well different parts of the body work together smoothly and efficiently.
- **Tactics** – The planned actions or strategies used to gain an advantage in a game or competition/

House Games, Culture Weeks & Sports Day

Careers

- Professional Sportsperson/ Athlete
- PE Teaching
- Sports Coach/Personal Trainer
- Sports Events Management
- Sports Psychology
- Physiotherapy
- Sports Scientist/Analyst
- Sports Journalism
- Nutritionist

Year 8



Literacy

- **Technique** – The correct way of performing a skill or movement.
- **Endurance** – The ability to keep going over a long period of time without getting too tired.

Year 9

