

Year 10

- Literacy**
- Nutrition
 - Food Provenance
 - Food Science
 - Food Safety
 - Sensory Evaluation
 - Dietary Needs
 - Cooking Techniques

- Exam Preparation**
- Revisiting key areas of the exam specification

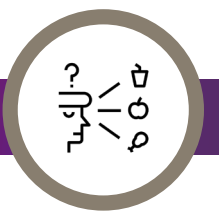
- Careers**
- Commis Chef
 - Catering Assistant
 - Kitchen Assistant
 - Barista
 - Waiter/Waitress
 - Hospital Catering Assistant



Food Safety
Principles of food safety and food spoilage and contamination



Food Nutrition & Health
Macronutrients, micronutrients, nutritional needs and health



Food Choice
Factors affecting food choice



Food Science
Cooking of food and heat transfer and functional and chemical properties of food



Food Provenance
Environmental impact and sustainability of food

Year 11



NEA 2 Food Prep Assessment
Students' knowledge, skills & understanding in relation to the planning, preparation, cooking, presentation of food & application of nutrition related to the chosen task



NEA 1 Scientific Investigation
Students' understanding of the working characteristics, functional and chemical properties of ingredients



NEA 1 Practice
NEA 1 – scientific investigation practice



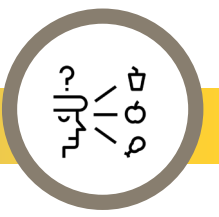
Food, Nutrition & Health



Food Science



Food Safety



Food Choice



Food Provenance



Final Written Exam