

BTEC Level 3 Health and Social Care



PREPARATION TASKS

As part of your induction programme we are going to ask you to do a number of short tasks before September to prepare you for the course.

These tasks need to be completed for September and brought to your first lesson or emailed to me by the start of term Phillips.j@myton.co.uk

1. Reading and Research Task

Collect and review health related stories in the media over the next two months.

Find a minimum of 6 articles from at least two different sources of information, for example magazine/newspaper articles, storyline in a television soap, discussion on internet news sites etc that have a link to health and social care.

The aim of this task is to encourage you to keep up to date with the current media topics related to health and social care and to explore the different sources of secondary information available. You do not need to do copious amounts of writing to prove that you have done this task but I would like evidence of it. This could be you putting together a folder of information that you have collected eg cut outs from newspapers and magazines/simple overview of a soap storyline/print out from a news web site, it is up to you. Please date and reference your sources of information.

Be prepared to talk about what you have found.

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2. Theories in health and social care

Research and write an explanation of your findings that explain:

- i. **Jean Piaget's** theory of cognitive development
- ii. **Naom Chomsky's** model of language acquisition

Use any appropriate sources but please do not copy and paste information, all work needs to be in your own words.

Useful website www.simplypsychology.org/

3. Factors Affecting Growth and Development

There are many things that affect growth and development throughout our lives. How we grow and develop is down to genetic or inherited factors or as a result of environmental influences.

Research the nature/nurture debate and **create a fact sheet** that explains how the two different factors can affect our development. You need to make sure that your fact sheet:

- Explains what is meant by the nature/nurture debate
- Explains and gives examples of genetic factors and conditions that may affect development eg cystic fibrosis, Huntingdon's disease
- Explains some of the environmental factors that can affect a person's growth and development eg exposure to pollution, poor housing, diet etc
- Includes a reference to **Gesell's** maturation theory explaining what his beliefs were about the development that occurs throughout our lives.

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4. Checking your understanding

There are a number of things that it is useful for you to know before you start the course. Those of you that have studied health and social care before may already know this but....

You need to know:

Health and social care settings can be:

- Nursery Schools
- Sessional Care (playgroups, pre-schools)
- Child-minders homes
- Hospitals
- Doctors surgeries
- Health Care centres
- Day Care Settings
- Residential Homes (eg for the elderly or those with special needs)
- Dentists
- Mobile screening units
- Domiciliary care settings ie a person's house if they receive care at home

People who use the settings may be referred to as

- Care users
- Service users
- Clients (a bit dated and I don't like this one!)
- More specific terms like patients if in hospital or other medical setting

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The **Life Stages** are commonly referred to throughout the course and are:

- Infancy (0–2 years)
- Early childhood (3–8 years)
- Adolescence (9–18 years)
- Early adulthood (19–45 years)
- Middle adulthood (46–65 years)
- Later adulthood (65+ years)

There will be a test on this in the first week of term.

5. Local Health Services

Use this NHS link and put your own postcode in, click search:

<https://www.nhs.uk/service-search/find-a-GP>

- How many GP surgeries are there, in a 10 mile radius?
- Click on your doctor's surgery and read 4 reviews; are they positive or negative or both?

6. Work Placement Letter

Draft a letter to a prospective work placement manager requesting that you come to them for a weekly work placement.

As you know, you will be expected to complete a placement in Year 12 in a Health and Social Care setting to help you to relate theory to practice and enable you to complete your portfolio work effectively. In addition to drafting a letter it would be useful if you could explore some possible work placements.

Nursery schools are an obvious choice but some of you may like to go to a

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residential home, dentist, or similar. Warwick Hospital is also a possibility if a more general approach interests you, but you need to let us know if you would like to do this before the summer holidays as placements at the hospital take about six weeks to organize.

If any of your parents/relatives work in a Health and Social Care setting for example childcare, health, residential homes etc and they would be prepared to come and talk about their role this would be greatly appreciated and very useful. Let one of us know if you think you can help.

Have a lovely summer break. I look forward to seeing you in September.

Mrs Phillips