

Long term planning grid

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11 GCSE	<p>Sport Psychology</p> <p>What will be learnt? The Classification of Skills, Practice Structures, Goal Setting, Types of Guidance, Types of feedback, Using Graphical Data and Mental Preparation in Sport.</p> <p>Main outcomes How skills are classified? How to practice skills in sport? How setting of goals can help with motivation? What are the types of feedback given by self or coach? How to prepare yourself mentally in sport</p> <p>Assessment Quizzes Topic quiz Recap from PEP Application to sport</p>	<p>Socio-cultural Influences.</p> <p>What will be learnt? This topic covers areas such as: Participation Rates in Sport, Commercialisation of Sport, Advantages and Disadvantages of Commercialisation in Sport and Different Types of Sporting Behaviour.</p> <p>A level recruitment workshop</p> <p>Main outcomes What factors can affect someone participating in sport? How can commercialisation help a performer, a sport ,an audience What behaviours do sports people exhibit in sport (positive and negative) Sportsmanship Gamesmanship Deviance(link to drugs)</p> <p>Assessment Quizzes/topic tests with link to previous topic work Mock exam scheduled at some point here</p>	<p>Movement Analysis- Biomechanics</p> <p>What will be learnt? This will include looking at the Lever System, Different Planes and Axes, Movement Applied to Sporting Actions and the Benefit of Different Lever Systems</p> <p>Main outcomes What are the 3 lever systems used by the body? Which produce mechanical advantage and disadvantage? What are the planes of movement? How axes affect movement? Where are they applied in sport?</p> <p>Assessment Quizzes/topic tests with link to previous topic work Exam questions</p>	<p>Practical sport completion Revision techniques</p> <p>What will be learnt? Video analysis and internal moderation completion of sporting activities for assessment</p> <p>Main outcomes Practical sport assessment completion Video evidence acquired PEP coursework finalised Revision techniques and checklist</p> <p>Assessment Standardisation and completion of practical marks and evidence Exam question practice</p>	<p>Revision/Recap</p> <p>What is learnt? Revisiting more complex topic areas Time management A01,A02 & Ao3 revisited across all areas Revision techniques for longer questions</p> <p>Assessment Practice exam questions and papers</p>	<p>EXAMS</p>