

MYTON



SCHOOL



with



# Final Information Pack

 **Newquay  
2022**



Friday 17 - Monday 20 June  
or Friday 24 June - Monday 27 June 2022

There will be 8 members of Myton school staff on each trip as well as a team of ElementalUk instructors leading all activities.

**DEPART FROM:-** MYTON SCHOOL BUS TURNING CIRCLE

**Meet at:-** 6.45 a.m.

**Bus departure time:-** 7.00 a.m.

**Return** to Myton after the trip - 9.30p.m. \*

(\* return times may vary—this is an estimate—please supply your child with a telephone number for that evening, and they will contact you to give you an exact pick-up time on their return journey.)

**YOU MUST drop off and collect your own child (they cannot make their own way home)**—Please park at the front of the school or on the drive way – **DO NOT PARK in the bus turning circle – it will block the buses.** Walk to the turning circle to meet your child. If we are likely to arrive sooner or later your son/daughter will contact you.

**LUGGAGE**— (The kit list is on a separate page.) When we arrive we'll go to the hotel very briefly to drop off bags and then go to the beach. They will not be able to go to their room first or unpack. So, please put everything needed for the beach—towel, swimwear, shorts, purse, sun cream, frisbee etc—in a rucksack.

## **ITINERARY**

**Day 1 (Fri):** 2 coaches depart Myton School at 7am. Morning travelling. Afternoon and evening at Fistral Beach, Newquay, activities will include surfing and body boarding.

**Day 2 (Sat):** Full day at either Swanpool Beach Activity Centre Falmouth, activities may include: canoeing, SUPing, coasteering, sailing, raft building, beach games, sailing or Porthtowan Beach Surf Centre for surfing and body boarding.

Evening on Tolcarne beach in Newquay.

**Day 3 (Sun):** Full day at either Swanpool Beach Activity Centre Falmouth, activities may include: canoeing, SUPing, coasteering, sailing, raft building, beach games, sailing or Porthtowan Beach Surf Centre for surfing and body boarding.

Evening games with Fish 'n' Chips on Towan beach in Newquay.

**Day 4 (Mon):** Morning pack up, visit to Newquay Zoo and then afternoon free time/ shopping in Newquay, departure 4 pm. Return home approx 9.30 pm.

**Discipline:** As well as being an important, valuable, personal development experience, it is intended that this will be an enjoyable 'family' holiday. Staff are acting '*in loco parentis*' - WHICH MEANS THAT THEIR WORD IS FINAL and they are in charge of them as if they are the student's parents. **If pupils:** (1) Behave in a way which could spoil the trip for others, (2) Act in a manner which leaders deem to be dangerous, disrespectful, or which deviates from the Code of Conduct, I reserve the right to:- prevent them participating in activities, change their room, contact parents, and where necessary, \*send pupils home (\*all costs to be covered by parents). It is understood that parents acknowledge this\* if they agree for their child to go on the trip.

**If you have any queries or objections concerning the discipline arrangements please let Mrs Ealden know in writing.**

**Packed lunch:-** Parents must provide lots of food and snacks for the 6-hour outward journey to last until evening meal on Day 1. (note:- NO FIZZY DRINKS and CHEWING GUM to prevent damage to the coach).

**Emergency telephone:-** If you need to contact your son/daughter in exceptional circumstances only, or an emergency, please telephone Myton School 01926 493805, where they will have mobile numbers for contacting staff on the trip. A mobile number to contact myself (Mrs Ealden, or the trip leads for trip 1 and 2) in an emergency whilst in Newquay will be issued to all pupils, which you may also use in an emergency.

**Mobile phones:-** I am happy for pupils to bring mobile phones if they wish. However, they must be responsible and careful. Mobile phones present an additional security problem for pupils, please think carefully about this. **Any irresponsible mobile phone or social networking use will result in ALL phones being taken in from ALL students and put in a safe for the remainder of the trip and returned for the homeward journey.**

**Mobile phones must be switched off at lights out.** Pupils contravening this rule, or any instruction regarding mobile phone use, will have the mobile confiscated. **If rules are abused ALL mobile phones may be collected in every night.**

Mobile phones should not be taken on our excursions; there won't be anywhere secure to leave them, they won't have time to use them and they might get wet and sandy!

**Hotel regulations:** Pupils will be instructed about these at the Hotel. Refer also to Code of Conduct. All Myton pupils must show the highest standards of behaviour, cooperation and politeness during their stay. We share the hotel with members of the public and so students must be considerate of other families staying in the hotel (particularly at night) and behave responsibly and respectfully around the public areas and amongst other paying guests and staff working in the hotel.

**Rooms:** The different-sized ensuite rooms will be allocated as fairly as possible. A familiarisation and safety briefing will take place upon arrival. Pupils are not allowed in each other's rooms in any circumstances. They are not to go on a different floor of the hotel than their room. Staff rooms will be spread out amongst the student rooms and their doors clearly labelled in case of an emergency.

**I.D. Cards:** Each pupil will be issued with an identity card which contains emergency telephone numbers.

**Security:** Pupils will be responsible for looking after their own belongings and money for the duration of the trip. In the past we have found that a small bag, or wallet chain is adequate to prevent purse/wallets from being lost/stolen. If you put your wallet down and lose your money, your holiday could be ruined. We advise against taking any expensive electronic devices as they cannot be guaranteed to be kept safe. There is no safe in the rooms and students are responsible for the key to their rooms and the security of their own belongings. They are very clearly instructed to not let anyone in their room who is not sleeping in there so as to avoid belongings and valuables going missing.

## **Safety Management System**

- Elemental UK Management and staff have supported and guided us through over 60 residential activity holidays since 1993. I am completely confident that they share my high standards of responsibility and safety. The trips follow the Myton School 'Visit Guidelines' Document based on the 'Educational Visits and Journeys Guidelines' by Warwickshire LA, and the DCFS Code of Practice. I have read and follow the (i) 'Package Travel, Package Holidays and Package Tours Regulations', (ii) DCFS 'Safety in Outdoor Pursuits', (iii) the 'UK Activity Centre Advisory Committee (ACAS) Code of Practice', which includes each activity's 'National Governing Body Activity Guidelines and Operating Procedure', (iv) the 'DCFS Safety in Outdoor Activity Centres Guidance'.
- Students attending this trip are covered under the EFA RPA (Risk Protection Arrangement) Scheme.
- I undertake a comprehensive Risk Assessment which also covers Health & Safety checks and legislation concerning the activity centres, the travel company—Elemental UK - (one of the leading school activity holiday providers), the Hotel, the Reps., the Instructors, the Lifeguards, the Equipment, the Instruction Ratios, the Supervision Ratios, the Coach Company, the Activities, the accompanying staff, and the pupils (Medical details, Special Diets, Personal details, Special Needs, etc.).
- Every adult connected is appropriately informed.
- We hold preliminary information and Health & Safety meetings with students and staff to inform them of specific safety issues, regulations and procedures.
- The activity holidays have written emergency procedures and accompanying staff are appropriately trained.
- Staff and Elemental Reps carry school mobile phones and all students are issued with ID cards displaying staff emergency telephone numbers.
- Students and parents sign to say they have read and agree to the Code of Conduct
- The Warwickshire LA is appropriately informed about my trips and the LA statutory requirements and accepted codes of practice are followed.

Mrs N Ealden, May 2022

# KIT LIST

- X 2 Towels – Beach towel and Shower Towel
- X 2 lots of swimming costume or swimming trunks
- Shoes to wear in the sea – old trainers are perfect or wetsuit shoes.
- Shoes/ trainers to wear
- Sun hat
- Sunglasses
- Sun cream
- Bag for day activities
- Large packed lunch for journey there
- **Water bottle** to refill at centres and hotels
- Waterproof jacket/ coat – we will follow the itinerary regardless of the weather and so need to be appropriately dressed for every weather.
- Warm clothing to wear after sessions out on the water
- Pyjamas
- Underwear
- Toiletries (shampoo, shower gel, tooth brush, tooth paste, deodorant.)
- You will not need smart/ dressed up/ expensive/ nice clothes as you will be on the beach for 90% of the trip!
- Pack of plasters
- Duplicates of personal Medication