

Social, Emotional and Mental Health Provision at Myton School

Wave 1- universal provision	Wave 2- Guided/Group Interventions	Wave 3- Individual/specialist support
<ul style="list-style-type: none"> • Quality First Teaching • Clear and consistent boundaries • Whole school reward system • A Behaviour Policy that is Trauma Informed and values relationships • Emotion Coaching • Restorative approach to incidents • Whole school Trauma and Attachment Training • PHSE curriculum • Zero tolerance approach to discriminatory and derogatory language • A Transition process for Y6/7 that focuses on relationship building and promoting a feeling of emotional safety • A Safeguarding Team that is visible, accessible and actively promoted to students • Resources and local services that support wellbeing shared with Parents via Weekly News and social media • Assemblies and Tutor Freezes with a wellbeing focus 	<ul style="list-style-type: none"> • Boomerang- Resilience building • Social Skills • Access to Nurture Room • Youth Workers • Think Good, Feel Good • Mindfulness • Flourish at the Farm • Workshops from external providers such as Loudmouth and PMNW • Learning Boost- ASDAN life skills, employability and core learning • HERO- LGBT+ peer support group run by Sixth Form students • Gardening Club- ASDAN Gardening course • Zones of Regulation • Drawing and Talking Therapy • Life Skills • Lego Therapy 	<p>In-school interventions</p> <ul style="list-style-type: none"> • Early Help • Weekly SEMH Mentoring • Relate School Counselling service • Individual sessions with Mental Health Lead • Mental Health in Schools Team • PLAC/LAC Learning Mentor (1:1 mentoring and parent/carer support) • Joanna Burden- ASD/ADHD Specialist Teacher from SEND SupportEd • Educational Psychology • John Hassall- ASD Specialist Life Coaching • Springfield Mind Wellbeing Drop In (Sixth Form only) • Sixth Form Peer Mentors <p>External referrals</p> <ul style="list-style-type: none"> • Guys Gift Bereavement Counselling • Targeted Youth • Equine Therapy • Family Support Worker • Flourish 1:1 mentoring (girls only) • Warwickshire Young Carers • Parenting Project- counselling for parents/carers of young people with SEND • Compass- Drug and Alcohol service • CAMHS • IAPT Healthy Minds service (Post 16 only)

MYTON  SCHOOL

