



Are you a Coventry/Warwickshire based parent/carer of an autistic child or teenager?

Do you want to understand their autism and help them understand their autism?

We are offering a series of facilitator led workshops

**CASP:** Children's Autism Support Programme for parents/carers of children aged 4-12

**TASP:** Teenage Autism Support Programme for parents/carers of children aged 13-18

The workshops are fully-funded and comprise of 4 x 3-hour sessions over a 4-week period facilitated by autism professionals who are also parents.

You will be joined by up to 15 other parents for an informative and empowering workshop.

Objectives:

- To enable parents/carers to understand their child's lived experience – the joys and the challenges
- To facilitate a 'conscious connection' between parent/carer and their child via the **3 C pathway**, a relational approach to parenting
- To identify adjustments/changes to help their child feel secure and be understood

The four weeks will follow a broad framework:

1. Autism, a brief history and context. Your child and their autism
2. The sensory world – experience it and consider how it impacts on your child
3. Communication – making connections and building a secure base
4. Transitions, advocacy, planning next steps and problem solving

Each week aims to be person-focused and attendees will be encouraged to share and comment.

Open to families based across Coventry and Warwickshire

**All sessions are FREE** (£50 charge for DNA's or cancelling within 48 hours of the course)

**CASP Sessions 1 to 4** 10.00am - 1.00pm

**Tuesday 7<sup>th</sup> September 2021** The Pound Lane Learning Centre, Pound Lane, Leamington Spa CV32 7RT

**Tuesday 14<sup>th</sup> September 2021** Online on Zoom      **Tuesday 21<sup>st</sup> September 2021** Online on Zoom

**Tuesday 28<sup>th</sup> September 2021** The Pound Lane Learning Centre, Pound Lane, Leamington Spa CV32 7RT

**TASP Sessions 1 to 4** 10.00am - 1.00pm

**Thursday 7<sup>th</sup> October 2021** St Claire's Gardens, Livingstone Road, Coventry CV6 5AR

**Thursday 14<sup>th</sup> October 2021** Online on Zoom      **Thursday 21<sup>st</sup> October 2021** Online on Zoom

**Thursday 4<sup>th</sup> November 2021** St Claire's Gardens, Livingstone Road, Coventry CV6 5AR

**CASP Sessions 1 to 4** 10.00am - 1.00pm

**Tuesday 9<sup>th</sup> November 2021** The Pound Lane Learning Centre, Pound Lane, Leamington Spa CV32 7RT

**Tuesday 16<sup>th</sup> November 2021** Online on Zoom      **Tuesday 23<sup>rd</sup> November 2021** Online on Zoom

**Tuesday 30<sup>th</sup> November 2021** The Pound Lane Learning Centre, Pound Lane, Leamington Spa CV32 7RT

Please contact Julie Hampton for details and booking forms: [julie@actforautism.co.uk](mailto:julie@actforautism.co.uk)

**NB:** If government restrictions change, all sessions will be carried out via Zoom