



## Year 11 Rhythm of the Year (ROY) 2021

### Autumn Term

The aim is for all students in Year 11 to leave with the following skills:

- Revision support
- Wellbeing support
- Life skills and wider World understanding through the respect agenda
- Next destinations support and careers

Each week will follow a structure to ensure the skills are drip fed through the year:

**Monday-** Admin/notices for the week/ equipment and uniform checks

**Tuesday-Thursday:** Wellbeing, life skills, revision skills, careers

**Friday-** Assembly in the USH

**Tutor team:**

11M1	11M2	11M3	11M4	11M5	11M6
Nikki Ealden Assoc: Barney Hobbs (M/Tu)	Emily O'Grady Assoc: Rheanne Loxton (Th/F)	Scott Meredith Assoc: Mark Smith: TA for CC when in	Will Isaac Assoc: Ellen Fearn (M/Tu)	Lee De Swardt Assoc: TA if DB has a TA p1 that day.	Lucy O'Connor Assoc: Jade Ronan (W- wk2/Th)
11W1	11W2	11W3	11W4	11W5	11W6
Claire Mercer	Adam Ealden	Lauren Blackburn	Jo Benjamin	Seema Goswami	D Cieciora

Assoc: Roberta Bellisario	Assoc: Jade Ronan (Tu/W- wk1)	Assoc: Ralph Matthews: TA for AD when in	Assoc: Ellen Fearn (Th/F)	Assoc: Rheanne Loxton (M/W)	Assoc: Barney Hobbs (W/Th/F)
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## Autumn term 1:

W/C 6<sup>th</sup> September- Week 2:

Day	Activity	Intended learning outcome
Monday		
Tuesday		
Wednesday	Welcome back Yr11	
Thursday	Yr11 review/I wish my tutor knew... Complete the worksheet	For a number of students, circumstances may have changed for them. This will encourage an opportunity for students to be able to update tutors confidentially.
Friday	Controllable Vs uncontrollable- what is in our control this year- taking ownership of our learning.	For students to understand a lot of this in their control. The aim is to show students what they can focus on and how.

W/C 13<sup>th</sup> September- Week 1:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	What is stress and how does it affect our brains?	To understand what stress is and why it may effect students this year.
Wednesday	How do you notice the signs?	To understand the signs and ensure students know when and how to ask for support.
Thursday	Self-care- getting yourself ready for revision	To understand why it is important to look after themselves and prepare for the marathon not the sprint.
Friday	Assembly- How do we look after ourselves and why is it important?	To ensure all review the week and can summarise the key elements of the form plan.

W/C 20<sup>th</sup> September- Week 2:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Organisation skills	To understand the life skill and how to improve organisation.
Wednesday	How does the life skill of organisation link to our exams?	To apply the life skill of organisation and ensure it can be applied to the current exams ahead.
Thursday	How do you plan for exams?	To start to plan for the exams and make sure students are starting to think ahead.
Friday	Assembly: exams and prep- revision launch (Dr Menezes) extended into P1.	To share a common purpose and aim of working towards the progress exams and moving forwards from the last set in the summer term.

W/C 27<sup>th</sup> September- Week 1:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks Pre-recorded loom sent out to parents to share the revision plan and key dates coming up- WY/CN	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Eva Foster: Financial services for young people	To help young people understand the economy better and provide them with the analytical skills to make informed decisions.
Wednesday	Next destinations forms- where do you want to be in a years' time?	To get students to think ahead and start to
Thursday	What are the different pathways?	To understand what the available options are to see what may interest the students at this stage
Friday	Assembly: Apprenticeships with WorkPays- external speaker coming in	To understand what apprenticeships are and how to get onto them.

W/C 4<sup>th</sup> October- Week 2:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Eva Foster: Learning to drive	To help young people understand the economy better and provide them with the analytical skills to make informed decisions.
Wednesday	What is communication and why is it important?	To understand how we communicate and why it will help us.
Thursday	How can we improve our communication skills?	To develop students skill set to develop their speaking so they perform better in interviews.
Friday	Assembly- Efficacy in exams and long-term thinking- Dr Menezes (possible Julie Stevens?)	To develop connections to the real world and communication skills.

W/C 11<sup>th</sup> October- Week 1:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks Open evening to parents- what is metacognition and how will it help my child? How to manage exam worry and support from home- Weds 13 <sup>th</sup> Oct.	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Eva Foster: Living independently	To help young people understand the economy better and provide them with the analytical skills to make informed decisions.
Wednesday	Yr11 parents evening- why is it so important and what do you need to take from it?	To understand the importance of making appointments, attending them and the benefit of feedback
Thursday	Life skill: personal responsibility	To ensure that all understand personal responsibility
Friday	Assembly: how does this link to us in the real World? Exam prep and metacognition CN/WY	To apply the understanding to real life e.g. parents evening, progress exams, acting on feedback and support to get there.

W/C 18<sup>th</sup> October- Week 2:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Eva Foster: The new job-payslips	To help young people understand the economy better and provide them with the analytical skills to make informed decisions.
Wednesday	Assembly: Year11 parents evening- reminders and key messages (ask to swap assembly day this week) WY/JN/PY?	To remind and focus attention onto the parents evening.
Thursday	Preparing for the evening- sheets provided so feedback can be collated in one space	To ensure students have a method of collating information and feedback ready to act on.
Friday	Review: Year 11 parents evening and term 1	To engage with the feedback and use it to adapt/amend the plans

## Autumn term 2:

W/C 1<sup>st</sup> November- Week 1:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks Welcome back and key dates for the term	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Progress exams- how is the revision going?	To establish which students are revising and to get an idea of who needs more support.
Wednesday	Progress exams- what do you need to ensure you do?	To review metacognition and develop a plan for the next half term.

Thursday	Progress exams- What do you need help with?	To establish what specific help is needed from departments.
Friday	Assembly- 6 <sup>th</sup> form open evening ran by the 6 <sup>th</sup> form team (11/11/21 @ 6pm) Julie Stevens	To promote the 6 <sup>th</sup> form open event and ensure all are aware of the evening.

W/C 8<sup>th</sup> November- Week 2:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks Careers book: Task A pg. 3-4	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week. To look at the steps involved in planning for next year.
Tuesday	Careers book: Task B pg. 5-7. How are you doing?	To take reflect on how each student is doing against the careers criteria.
Wednesday	Careers book: Task C pg. 8-9. Your skills and interests	To develop thinking around skills and interests
Thursday	Careers book: Task D pg.10-13. What are you like?	To develop thinking about who they are as individuals and the skills they can offer in a work/post-16 environment.
Friday	Virtual assembly: Task E pg. 14-15. Which way do you go?	To remind students on the pathways and to narrow their options down to a specific route with a back up.

W/C 15<sup>th</sup> November- Week 1:

Day	Activity	Intended learning outcome
Monday	Admin/notices for the week/ equipment and uniform checks Taster lessons will happen after school and sessions advertised.	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Yr11 progression week	To ensure students in Yr11 understand what 6 <sup>th</sup> form is like and what they need to do should they wish to attend.
Wednesday	Yr11 progression week	
Thursday	Yr11 progression week	
Friday	Assembly: 6 <sup>th</sup> form team Julie Stevens	

W/C 22<sup>nd</sup> November- Week 2:

Day	Activity	Intended learning outcome
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Monday	Admin/notices for the week/ equipment and uniform checks Careers book: Task J- read pg 24-25: making applications	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Careers book: Task K: pg26-27. Writing a CV	To develop a written CV ready for supporting applications onto further education.
Wednesday	Careers book: Task L: pg28-29. Writing a covering letter or email	To develop the skills required to get employer/further educations attention ready for interviews.
Thursday	Exam prep	To ensure all students are ready for the progress exams.
Friday	Exam prep assembly	To go through key messages in preparation for the exams the following week.

W/C 29<sup>th</sup> November- Week 1:

Day	Activity	Intended learning outcome
Monday	Year 11 Progress exams	To upskill the Yr11 students to experience a full set of exams and understand their current learning levels so they can revise and master the subjects ready for their real examinations in the summer.
Tuesday	Year 11 Progress exams	
Wednesday	Year 11 Progress exams	
Thursday	Year 11 Progress exams	
Friday	Year 11 Progress exams	

W/C 6<sup>th</sup> December- Week 2:

Day	Activity	Intended learning outcome
Monday	Year 11 Progress exams	To upskill the Yr11 students to experience a full set of exams and understand their current learning levels so they can revise and master the subjects ready for their real examinations in the summer.
Tuesday	Year 11 Progress exams	
Wednesday	Year 11 Progress exams	
Thursday	Year 11 Progress exams	
Friday	Year 11 Progress exams	

W/C 13<sup>th</sup> December- Week 1:

Day	Activity	Intended learning outcome
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Monday	Admin/notices for the week/ equipment and uniform checks 6 <sup>th</sup> form applications are due in.	To ensure all are aware of the basic expectations, set the week off to the right tone and ensure the group are aligned for the week.
Tuesday	Careers book: Task F: pg. 16-18 the changing job market	To develop understanding of the job market and promote long term thinking when applying for further education and courses.
Wednesday	Careers book: Task G pg19-20. Green jobs	To develop understanding of the job market and promote long term thinking when applying for further education and courses.
Thursday	Careers book: Task H & I pg. 21-23 money matter and exercising your network	To develop understanding of the job market and promote long term thinking when applying for further education and courses.
Friday	Fun Friday: end of term	Have fun! You deserve it!